

## UNITED STATES SPORTS ACADEMY AND MALAYSIA HAVE STRONG TIES AND HISTORY



*Academy faculty teaching physical education and sports to Malaysian teachers meet with the Malaysia Deputy Prime Minister Muhyiddin Yassin (center) to discuss the country's vision of its sports program.*

**Y**A.B. Tan Sri Dato' HJ Muhyiddin HJ Mohd Yassin, Malaysia's Deputy Prime Minister and Minister of Education, recognizes the role of physical education in the building of a nation. That is why his "One Student – One Sport" initiative aims to foster a vigorous sports program for the nation's youth.

Muhyiddin directed the implementation of his initiative in the schools. Although it is geared toward the students, he saw a need to provide physical education and sports training to the nation's P.E. teachers and coaches who are in the schools. This endeavor is seen as important for the benefits that it brings the nation's youth and for the way that scholastic sports can build a national feeder system for sports yielding the most talent to compete on the world stage.

The Malaysia Ministry of Education (MOE), which Muhyiddin heads, approved the United States Sports

Academy's latest program for Malaysia—International Diploma in Physical Education and Scholastic Sports (IDPESS). The sports program is a realization of this ideal. The IDPESS is designed to impart the latest in teach-



ing techniques and skills to Malaysia's physical education teachers. This effort is but one part of a program to enhance the country's physical education programs as the nation's leaders look to the future with the goal of healthier and more physically fit citi-

zens. The other part is a curricular review currently underway and together the goal is a comprehensive physical education program with the teachers prepared to deliver it.

IDPESS is being offered by the MOE's Teachers Education Division to teachers who have responsibilities for physical education and sport programs in the nation's schools. The IDPESS program is now training nearly 1,000 of Malaysia's teachers with more than 30 Academy professors in the country.

The Academy's pilot program, which began June 20 and runs through the end of December, delivers courses in at least six different regions throughout the country. The Academy's faculty developed the 10-course diploma program to teach in Malaysia, which was approved by the Malaysian Qualifications Authority (MQA), a national accrediting body. *(continued on next page)*

# UNITED STATES SPORTS ACADEMY AND MALAYSIA HAVE STRONG TIES AND HISTORY *(continued)*

## THE ACADEMY

### UNITED STATES SPORTS ACADEMY

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The United States Sports Academy is an independent, non-profit, accredited, special mission sports university created to serve the nation and the world with programs in instruction, research and service. The role of the Academy is to prepare men and women for careers in the profession of sports.

The United States Sports Academy is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools to award baccalaureate, master's and doctoral degrees. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of the United States Sports Academy.

*The United States Sports Academy accepts students regardless of race, religion, age, gender, disability or national origin.*

For the past 40 years, the Academy has delivered sport and physical education programs in more than 65 countries to more than a quarter million people. These programs are designed to help individuals develop a strong foundation of skills and knowledge required to succeed in coaching, physical education, management, fitness and other related sport disciplines.

But even before the Academy was founded in 1972 by Dr. Thomas P. Rosandich, who continues to serve as its President and CEO, Dr. Rosandich coached nearly 54 years ago the first of his many national track and field teams in Malaysia. As Malaysia was becoming an independent nation, he led a combined team of Malaysia, Singapore and North Borneo to the Asian Games in 1958.

The Academy's first program in Malaysia began in 1981, when the institution provided a team of coaches to staff the Likas Sports Complex in Kota Kinabalu, Sabah. More programs were developed in Kuching, Sarawak, in 1982. The Academy's team oversaw administration and training for sports teams, including swimming, athletics and boxing. Program support was also offered in sports medicine and human performance evaluation.

This relationship for sport development between Malaysia and the Academy continued in 1986 with the appointment of Dato' Sri Mohammad Najib bin Tun Abdul Razak, who was then the Minister of Culture, Youth and Sports. At the time, Malaysia was focused on improving the national sports effort and introduced the National Sports Policy in 1988. A year later, Malaysia produced its best-ever performance at the South East Asia (SEA) Games, a regional multi-sport competition in which Dr. Rosandich played a role in its development.

The Academy has contributed to this effort since the early 1980s, through the delivery of its International Certification in Sports Management (ICSM) and Sports Coaching (ICSC) programs throughout the country. It has also provided coaches, sport scientists and other specialists as requested to assist in special sport projects and programs.

The Academy is proud of its long association with Malaysia and its contributions to Malaysian sports. It is also proud of its associations with the country's many fine leaders. Working with the Malaysian leaders and people, the Academy is looking forward to continued service in providing sport education.



*Tan Sri Abd Ghafur Bin Mahmud (left), Malaysia's Director-General of Education, welcomed the United States Sports Academy's faculty and staff during a meeting on the new IDPESS program.*





*Malaysia Deputy Prime Minister Muhyiddin Yassin welcomes United States Sports Academy Vice President Dr. T.J. Rosandich and KH Sports World Board of Directors Chairwoman Hisham Suhaily Othman to his office.*



*Dato ' Dr Rosli Bin Mohamed, Secretary General of the Ministry of Education, discusses the nation's "One Student – One Sport" initiative with Vincent Chin (right), KH Sports World general manager, and Dr. T.J. Rosandich, United States Sports Academy vice president.*



*Datuk Dr. Khair bin Mohamad Yusof, Deputy Director General, Teacher Professional Development, of the Malaysia Ministry of Education (right), meets with the Academy's IDPESS Program Advisor Dr. Dale Reeves.*

# MEET THE FACULTY



*More than 30 faculty members are retraining nearly 1,000 Malaysians in physical education. Pictured here (left to right) are Academy faculty: Dr. Will Evans, Amber Magner, Bill Price, Carol Peterka, Barbara Wise, Dr. Lawrence Miller, Dr. Lawrence Bestmann, Dr. Tim Devinney, Betsy Smith, Brandon Spradley, Dr. Arthur Ogden, Dr. Fred Cromartie and Dr. Dale Reeves.*

**DR. LAWRENCE BESTMANN**, world-renowned for his contributions to gymnastics, has served as an Academy faculty member for several decades, teaching overseas in Indonesia, Malaysia, Bahrain and Saudi Arabia. He coached high school and college gymnastics.

**DR. STANLEY BIPPUS** has spent his education career in several positions, including college dean at the Academy, school district superintendent, school principal, college faculty member, and wrestling, basketball and baseball coach.

**CHRISTA CAMARILLO** is an accomplished exercise physiologist, coach and educator with more than 15 years of experience. She owns and runs Retrain Sport Strategies, in the New Orleans, La., area.

**ANTHONY CASTELON** has worked in several different roles in sports from coordinating and promoting sporting events and programs for Disney Wide World of Sports to serving as the assistant women's soccer coach at Western Illinois University.

**DR. FRED CROMARTIE** is the Academy's director of doctoral studies and has held several management positions during the past 18 years there. He was the Academy's 2002 Alumnus of the Year.

**DR. TIM DEVINNEY**, who earned his doctorate in Sports Management from the Academy in 2012, has experience teaching internation-

ally in South Korea and Thailand.

**TIM DORNEMANN** has worked nearly 20 years in the field of health and fitness as a university professor, strength coach, personal trainer and sports administrator. He is seeking his doctorate from the Academy.

**STEWART EDMONSON** has more than 15 years of national and international experience training, teaching and developing and implementing curriculum in the strength and conditioning field.

**DR. MARION "WILL" EVANS** is the Academy's dean of academics. Evans previously served as director of wellness initiatives at Parker University in Dallas.

**DR. MICHAEL J. FREDERICK** served as an assistant professor of human performance for the past two years at Williams Woods University in Fulton, Mo. He has developed curricula and taught physical education at the college level for nearly 20 years and provided sport psychology services.

**SHAWN GARRETT** has nearly 12 years of experience teaching physical education and coaching at the elementary, middle school and high school levels. He also serves as a baseball scout and a baseball instructor.

**JAMES D. "J.D." HOOVER JR.** has served as a school counselor, principal and college adjunct faculty member during his education career.

**AMBER MAGNER** is a doctoral

teaching assistant at the Academy and was a women's basketball head coach for 10 years.

**DR. LAWRENCE MILLER** has worked as a physical education teacher, administrator and high school coach for nearly 20 years.

**DR. ARTHUR OGDEN** is the Academy's chair of Sports Management and has more than 45 years of experience in education ranging from head football coach to college president.

**CAROL PETERKA** teaches physical education and coaches basketball in Blaine, Minn. She was a standout basketball player at the University of Minnesota and a three-time U.S. Olympic team handball player.

**WILLIAM J. PRICE** is a faculty member at the Academy, while pursuing his doctorate there. He has served as an executive director and head coach for an Illinois swim club for 15 years, and worked as a swim coach in Sabah.

**DR. DALE REEVES** has taught, coached basketball, football and softball and served as an athletic director at the high school level for about 35 years. He earned his doctorate in Sports Management in 2002 from the Academy.

**DR. THOMAS J. ROSANDICH** serves as vice president and chief operating officer for the Academy and is responsible for its international programs.



**BETSY R. SMITH** is the school's director of academic administration and continuing education and a former professional women's tennis player.

**BRANDON SPRADLEY** is a doctoral teaching assistant at the Academy and former University of Alabama track and field sprinter.

**PAMELA GRAY VELHURST**

has taught physical education and coached track and field at the college level for more than 20 years.

**CHARLES WARE** is the Professional Fitness Institute executive director and also teaches health science at the college level.

**BARBARA WISE** serves as an instructor for all Prehospital programs

for Pima Community College in Tucson, Ariz. She has taught and worked in emergency medicine for nearly 25 years.

**DR. CONRAD WOOLSEY** is the Chair of Sports Coaching at the United States Sports Academy and has served as a sport psychology consultant.

## LEARNING NEW SKILLS THROUGH LECTURES, GROUP EXERCISES AND ACTIVITY CLASSES



*The United States Sports Academy is retraining thousands of Malaysian educators and coaches in physical education and scholastic sports as part of that nation's desire to improve the development of its athletes. You can view one Malaysian group's video, which was done as part of a class assignment, that captures the training of a future Malaysian Olympic hopeful at: [http://www.youtube.com/watch?v=5ZJ6Ft\\_8JI0&feature=share](http://www.youtube.com/watch?v=5ZJ6Ft_8JI0&feature=share).*



*Anuar Shah (far right in white shirt) addressed Castelon's students and asked questions about the class. The students were enthusiastic and reported that they were learning things they were never exposed to in their degree programs.*



*Carol Peterka, a University of Minnesota women's basketball Hall of Fame inductee, and experienced high school physical education teacher and coach is helping retrain Malaysian educators in Kuala Terengganu.*





*As part of the coursework, Malaysian students do a presentation using what they have learned, such as in this physical education class taught by the Academy's Barbara Wise in Pahang.*



*Students in Kuala Terengganu who were retrained in the Academy's International Diploma in Physical Education and Scholastic Sports (IDPESS) program.*



*Academy's Betsy Smith and Brandon Spradley demonstrate the ball push test at the Teachers' College in Malaysia. It is part of the International Performance Test that the university developed to gauge fitness.*



# INTERNATIONAL DIPLOMA IN PHYSICAL EDUCATION AND SCHOLASTIC SPORTS

The International Diploma in Physical Education and Scholastic Sports (IDPESS) program in Malaysia addresses the aspects of teaching physical education and sport and provides students more knowledge about fitness and conditioning, coaching methods, and testing and measurement. The focus of the program is on teaching both fundamental movement skills, as well as beginning sport skills. Physical education teachers who go through IDPESS will be prepared to teach their students how to engage in life-long, healthy behavior.

## Course Descriptions:

### **CEE 521 • Principles of Fitness and Health**

Studies the physiological aspects of physical activity and its importance to the quality of life, performance, and prevention of diseases.

### **CEE 523 • Seminar in Sports and Physical Education**

Examines the wider scope of what physical education is and how teachers can help students build personal and social responsibility.

### **CEE 524 • Games Approach to Teaching Physical Education and Sports**

Emphasizes an innovative approach to sport education and the power of play in creating challenging learning situations.

### **CEE 525 • Physical Fitness and Conditioning**

Teaches the fundamental principles of training and nutrition and increases students' understanding of the performance of the human body.

### **CEE 526 • Physical Fitness Testing, Evaluation and Reporting**

Focuses on the measurement techniques used to test physical performance and perform and interpret International Physical Performance Test results.

### **CEE 568 • Psychology of Physical Performance**




Involves the study of human psychological behavior and its influence in sport and exercise settings, including physical education environments.

### **CEE 571 • Physical Education and Sports Coaching Methodology**

Helps students understand concepts of physical education and athletic coaching, such as first aid, communication, skill development and leadership.

### **CEE 583 • Physical Education Facilities and Sports Event Management**

Addresses the principles, guidelines, and recommendations for planning, constructing, using and maintaining athletic facilities.



**UNITED STATES SPORTS ACADEMY**

*in cooperation with the*

**MINISTRY OF EDUCATION**

*and the*

**NATIONAL SPORTS INSTITUTE**

*confers this*


**INTERNATIONAL DIPLOMA  
IN  
PHYSICAL EDUCATION AND SCHOLASTIC SPORTS**

*to*

**STUDENT'S NAME**

GIVEN IN KUALA LUMPUR, MALAYSIA ON **DATE.**

\_\_\_\_\_  
YBhg. Dato' Haji Mohd Ghazali bin Ab. Rahman  
Bahagian Pendidikan Guru  
Ministry of Education



\_\_\_\_\_  
Dr. Thomas P. Rosandich, Ph.D.  
President and CEO  
United States Sports Academy

*The goal with all enrolled in the IDPESS program; the certificate of testing to their successful mastery of the skill taught through this comprehensive program.*



*KH Sports World*

## United States Sports Academy

in cooperation with

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*America's Sports University®*

The United States Sports Academy is proud and pleased to partner with KH Sports World to deliver and to administer the International Diploma in Physical Education and Scholastic Sports (IDPESS) program in Malaysia. This collaborative effort is being done to enhance teachers' skills in Physical Education and Scholastic Sport in the furtherance of Malaysia's "One Student-One Sport" initiative.

In its 40-year history, the Academy has delivered sport and physical education programs in more than 65 countries around the world. These programs are designed to help individuals develop a strong foundation of skills and the knowledge required to succeed in sport-related careers.

The Academy's first sport education programs were provided in Malaysia almost 30 years ago and has been done regularly ever since.

The Academy is an independent, non-profit, accredited, special mission sports university created to serve the nation and the world with programs in instruction, research and service. The college's role along with KH Sports World is to prepare men and women for careers in the profession of sports. **More than 70% of the Academy's graduates are employed in the sports industry.**

Courses are delivered 100% online. Curriculum and degree offerings include the **Bachelor of Sport Science (B.S.S.)** in four disciplines, **Master of Sport Science (M.S.S.)** in four disciplines, and **Doctor of Education (Ed.D.) in Sport Management.**

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The Academy also offers a wide range of certification and continuing education programs, and even free courses, for example, in sports coaching. The Academy also provides continuing education credit to many national governing bodies, sport organizations and associations.

In addition, the Academy has two **FREE** online publications, *The Sport Journal* and *The Sport Digest*. *The Sport Journal* is the world's largest peer-reviewed online journal of sport with about 1 million readers annually. *The Sport Digest* tackles the hottest contemporary issues in sports.

### Learn More About the Academy Online:

- **Bachelor of Sport Science:** [ussa.edu/go/bachelors/](http://ussa.edu/go/bachelors/)
- **Master of Sport Science:** [ussa.edu/go/masters/](http://ussa.edu/go/masters/)
- **Doctor of Education:** [ussa.edu/go/doctoral/](http://ussa.edu/go/doctoral/)
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*The Academy accepts students, regardless of race, religion, gender, age, disability or national origin.*